

Ready to Transform Your Life?
APPLY TODAY FOR THE READY4WORK PROGRAM

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BRADFORD'S SUCCESS STORY



Bradford was born in Wyoming, but when Bradford's mother married his stepfather, they moved to Florida where he has stayed for 39 years. After Bradford's mother and stepfather split up, Bradford's mother was working two or three jobs at a time to support her family. Bradford turned to drugs at a young age and started getting in trouble. Bradford then married at the age of 18 and had two children with his wife. Unfortunately, Bradford's addiction problem steered him away from his family for 13 years. During this separation, Bradford was incarcerated four times. Before he was released after his last incarceration, he sent a letter to his son in hopes of reconnecting. After Bradford was released, he was able to prove himself to his son and now they have plans of beginning mechanic school soon and opening their own shop together. Bradford acknowledges the financial assistance that Ready4Work-Hillsborough has helped him with, but feels the most important thing he appreciates about the program is the overall genuine support. Bradford stated that he could come up to any staff member and ask them to speak and they would stop what they were doing to help him. Bradford sees Ready4Work-Hillsborough as, "a chance at a new life... a chance to revamp who you are and start new". If there's one thing Bradford wants you to know, it's to not second guess yourself and just go for it. He believes if you really want to change your life, there is no second-guessing.

BRADFORD'S DAILY ASPIRATION

I will make today better than yesterday and tomorrow better than today. If you make tomorrow better than today, then today will be better than yesterday.
Make everyday count. Plan ahead. Plan for success!



CAREER DEVELOPMENT LESSON

ANGER MANAGEMENT

"Holding on to anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned."

THINK before you speak. Ask yourself these questions before saying whatever it is on your mind to say.

- T** is it **True**?
- H** is it **Helpful**?
- I** is it **Inspiring**?
- N** is it **Necessary**?
- K** is it **Kind**?

If the answer is NO to ANY of these, it would be best to keep that thought to yourself.



"Use your anger for good. Anger to people is like gas to the automobile; it fuels you to move forward and get to a better place. Without it, we would not be motivated to rise to a challenge. It is an energy that compels us to define what is just and unjust."

ARUN GANDHI

